

the riverside Down by





If you thought our village had been invaded by a swarm of orange and yellow bumble bees for two days recently, there is no need for concern. A long time in the planning, permission was finally granted to plant the riverside bank opposite the shops, an eyesore for many, many years.

Initiated by Progressive Paparoa and Keep Paparoa Beautiful, and with the assistance of Parks Supervisor Adrian Birkbeck of KDC, we were able to jump through all the hoops necessary to carry out the work required.

As with any community project, volunteers are the key ingredient, and we were delighted with the enthusiastic way in which they carried out the work. On both days 15 people, representing many groups in the community, showed what a fine spirit is evident in Paparoa, all assisting one another in an endeavour to improve and enhance our environment.



Paparoa local and environmental landscaper Jacqueline Knight

Huge thanks go to those people and in particular to Jacqueline Knight who kindly donated her time and labour away from her business, not only planting but designing and submitting her professional planting plans for KDC and NZTA approval. Thanks go also to Kauri Park Nurseries who supplied us

with lovely healthy plants and who co-operated in every way possible. PP





Farmer's Market goes weekly

In a move initiated by stall holders, the Paparoa Farmers' Market will be held weekly from the start of October. If this trial is successful weekly markets will become permanent during the extended hours of daylight saving. Stall holder, Ruth Mason of Chapel Olives welcomed the move saying "it will help to make Paparoa more of an attraction for people travelling on Highway 12 as people do love markets. It will also mean that future publicity will be less confusing as it will simply be every Saturday that the market is on.

In another development the market will have eftpos available with the bonus of cash-out. In today's cashless society many customers are limited by lack of cash, and this can place an unfair burden on local retailers when they ask for cash. Having cash-out available should mean more of that money will be spent in Paparoa. The eftpos facility will be clearly sign-posted and operated by Helen at her GoodLife Soap stall.

Helen's market stall with her hand-made GoodLife Soaps, will host the new eftpos facility

The market manager is always seeking new stall holders to add to the existing mix. This can be either short term or permanent. If you have authentic products of local origin that you would like to sell please contact Graham at the market or on 431 7209.



Paparoa Press 🖭

PUBLISHED MONTHLY BY

Progressive Paparoa Inc. (PPI), for Paparoa, Pahi, Matakohe, Whakapirau and Tinopai.

CIRCULATION 1,000

- CONTACT US
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- ph 09 431 7209
- PPI, PO Box 107, Paparoa 0543
- www.paparoa.org.nz

ADVERTISING

Rate Card available by email Booking & Copy deadline:

15th of month

Publication date 1st of month

Pahi's Keep NZ Beautiful Week

14-20th September was 'Keep New Zealand Beautiful' week. An event was organised to clean up Pahi Road to prevent rubbish from blowing directly into the harbour!

Thanks to these ladies, and others who did their bit to keep Paparoa beautiful.

Pictured from left: Ruth Smellie, Joy Bonham, Pat Merritt, Jenny Longdon, Betty Boyle



Professional help offered

If you are feeling strung out and overloaded by your current situation, you may feel the need to get professional help and talk things through with a qualified consultant.

Do you and/or your family need some assistance to sort the conflict, develop a new direction, a new plan to go forward?

Aurora Business Consultancy offers assistance in all aspects of business planning, mediation and organisational development in urban and rural businesses. Colin Wrennall is a qualified consultant with a farming background and all consultations are completely confidential.

For more information go to www.aurora-businessconsultancy.co.nz as per the advert below and call Colin 021 811 126.

Dealing with Stress

For many people spring is a nice time of year, after winter and looking forward to summer, but for others such as farming families it can be a stressful time with long days of calving and winter weather having taken their toll, and mating, financial pressures and uncertainty are added to this.

For others the stress may stem from worries about family, health, work, exams, finances, or something else. Everyone experiences stress in different ways, including what they find stressful. So learning how it affects you is very helpful in knowing how to best manage it.

Stress is the emotional and physical response we have when we are under pressure. that poses Anything challenge to our equilibrium or normal state is a "stress." A certain level of stress is essential to motivate us to take action and to give interest and excitement to our lives. But it is the constant feeling of pressure that causes the negative feelings of stress. As a result you may have a hard time concentrating or making decisions, feel angry, irritable or out of control, or experience headaches, muscle tension or a lack of energy.

When stressful life events happen to us, we are more at risk of physical and emotional difficulties if our everyday stress levels are already high. By keeping ourselves healthy and well supported, a negative life event will have less effect than when we are already feeling vulnerable and under pressure.

There are some clear strategies that are known to help reduce and manage stress.

Eat well, get enough sleep, drink plenty of water and undertake regular physical activity. For many people exercise is an extremely effective stress buster. Meditation, yoga or practising effective breathing techniques are useful for many. No matter how hectic life gets, take a break and make time for yourself — even if it's just simple things like reading a magazine, a good book, a short walk or listening

to music. Keep in mind that unhealthy behaviours, such as over indulging in food, alcohol or coffee to cope have usually developed over time and can be difficult to change. Focus on changing only one behavior at a time.

Accepting help from supportive friends and family can improve your ability to manage stress. If you continue to feel overwhelmed by stress, seek professional help through your GP or a counsellor.

If you are worried about someone else's stress level or coping, ask them how they are. Tell them you feel concerned and would like to help — offer a listening ear, help out, or take them out for a break, and remember to check in on them again.

Libby Jones

Tennis season opens

Paparoa Tennis season is starting again so dust off your raquets. Tennis is a great game that the family can play together, it suits all levels, is good for fitness and you can play it anywhere there is a court. We are really lucky to have great courts in Paparoa open all year so come along and make the most of it. Make this your year to learn tennis or improve your skills. We have weekly coaching sessions for children and several sessions of group professional coaching for all levels of children and adults throughout the season.

Adults tennis starting Tuesday 29 September 6–7.30pm

Kids tennis starting Tuesday 13 October Little kids 4.30pm, Big kids 5.15pm

AGM is set for Saturday 7 November, 1pm, followed by tennis afternoon. We are not looking for office holders (unless you are really keen) but come along to the AGM and be part of making decisions about how the club and season runs.

Any queries contact Sue Skelton President 431 6224





50 years tried and true ...

David Wilson has been operating in the limeworks and lime spreading business for 50 years this year! He was in business even before Skelton's Drapery opened!

David bought his first bulk fertiliser spreader, a Bedford, in 1965 and so began his spreading business sourcing lime from Brian Poyner's quarry near Petley Road and also from the limeworks near the Ararua corner.

quarry near Petley Road and also from the limeworks near the Ararua corner.

The first Bedford bulk fertilizer spreader

In 1973, he and Brian joined forces, and called the business North Kaipara Transport Limited. David took over this company on his own three years later.

The present Huarau Station Road site was set up in the 1950s by E.E. Bellingham Co. Ltd. as a fertiliser store and limeworks. Limestone was sourced from Mooney Road, as it is today. It is crushed, and made into various mixtures

with fertiliser, and stored in the big sheds; one of which was part of the original Huarau Station buildings.



This fertiliser was railed all over the North Island. When David took over these works

in 1979, about the time when railing was coming to an end, the siding was due for renewal. But plans changed and NZ Railways removed it. At this time the passenger service also ended.

Today, apart from crushing and mixing lime, North Kaipara Transport stores various mixtures including Balance 'Agri-Nutrients' products and makes dicalcic phosphate.

Among the many changes over

50 years, David says that one modern truck and trailer now handles the work which required multiple owner/ drivers in days gone by.



Huarau Station was the Northern Terminus in 1921.

Spreading lime on pasture is important as it can reduce soil acidity and improve plant growth. The lime from Mooney Road has been tested and is high quality - easily soluble and readily taken up in the soil.

The recently set-up recycling and rubbish transfer station is an extension of their business.

Local farmers thank you for your excellent service over all these years David.



What's PPI been up to lately?

Progressive Paparoa Inc has been active in the community for almost 15 years and many of its activities are now just part of what makes Paparoa tick. PPI was formed to complement existing organisations and fill a need that was lacking.

PPI operates a number of subcommittees and over the last few months has been active in the following areas:-

- Paparoa Farmers' Market, held fortnightly.
- Paparoa Press, published monthly.
- Keep Paparoa Beautiful (KPB) has beautified the riverbank.
- KPB replaced the Village Green pest cherry trees with dwarf kowhais.
- Paparoa Lions and PPI have maintained the Bush Walkway and cleaned slippery areas on the boardwalk. PPI and Lions pay local contractors to do maintenance work. Possum and vermin control is ongoing.
- PPI pays the annual NRC consent fee for The Landing jetty.
- paparoa.org.nz website is maintained and developed as a resource for locals and visitors.
- Paparoa Print Shop (Skelton's Drapery) is available for printing both private and commercial work.
- PPI is discussing with neighbouring communities and Northland Inc the rebranding of the Twin Coast Highway as a tourist route.
- A Steering Group is part way through a study on the feasibility of establishing a Lifestyle Village for seniors in Paparoa.
- PPI maintains the Community Notice Board opposite the Paparoa Store.
- PPI produced a Community Business Directory.
- PPI has an excellent relationship with Kaipara Council and has contact on a wide range of issues. Recent liaison included the riverbank planting and top-up of the cushion fall bark in the playground.

It has been quite a wide ranging and busy time. Without the enthusiasm and commitment of the PPI members and their supporters, it would not be possible. PPI welcomes community feedback on any of their activities and of course support in any of these or future initiatives.

NKT Rubbish and Recycling

Hours: 10am - 2pm Monday to Saturday

EFTPOS AVAILABLE

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1 standard rubbish bag	\$3.00
1 small rubbish bag	\$1.50
Car boot	\$20.00
Station wagons, people movers and SUV's	\$40.00
Utes and Vans	\$50.00
Small trailers (single axle, 2.4m x 1.2 x .8m max)	\$50.00
Loaded vehicle PLUS loaded trailercombin	
Vegetation/Green waste	
1 standard rubbish bag (65 litre)	\$2.00

1 standard rubbish bag (65 litre) \$2.00 Car boot. \$12.00 Station wagons, people movers and SUV's \$20.00 Utes and Vans \$20.00 Small trailers (single axle, 2.4m x 1.2 x .8m max) \$20.00 Loaded vehicle PLUS loaded trailer combined fee

Tyres

 Car tyre
 \$10.00

 Truck tyre
 \$25.00

 4WD and light commercial tyre
 \$15.00

 Tractor tyre
 \$40.00

Miscellaneous

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Huarau Station Road, State Highway 12, Maungaturoto North Kaipara Transport

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$\mathcal{O}^{ ext{tamatea}} \mathcal{R}$ epertory Thea

ORT is raising funds to support its upcoming production of A Christmas Carol and to keep the best little theatre in Northland pumping out wonderful plays and musicals, at the same time as developing an incredible range of talent in their members.

On Labour Weekend 24 & 25 October, ORT is holding a novel

fundraiser that makes you the star!

Working with award winning portrait photographer Deane Patterson, the ORT crew will help you select costumes and props (or wear your own best dress), put you through hair and makeup, and together make several different glamour portraits of you. You'll get three changes of wardrobe and three separate 'looks'.

The resulting photos will be retouched (the magic stuff) and you'll get high quality printed proofs.







You can order further prints of course, which will be made to museum quality by local artisan printers Tawa Imaging.

If you're feeling brave, you can get up to wall sized prints at a discount price. There is also a chance

for family portraits on both days in the morning. Families of up to eight can have group photos, combinations or individuals. You get a pair of archival prints worth the price of the sitting fee (\$150). Spaces are limited so you need to book early. The glamour package is \$150. Book with a friend and you both get \$25 discount. For more information call Deane 021 244 3022 or mail@dcpatterson.com.

Deane Patterson - ORT

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Tango

Tango Fling with Swing recently held at ORT theatre enjoyed an amazing afternoon of seductive tango

There was superior swing song and dance and items from up and coming talented junior singing pupils. Patrons were tapping their toes and itching to join in.

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... keeping things in perspective

"All artists are willing to suffer for their work. But why are so few prepared to learn to draw?" — Banksie

Perspective is a convention in the European art tradition. Since the 14th century it has been accepted that objects are shown smaller and placed higher up the canvas in order to be understood as being further away from the viewer, and horizontal lines lead to a vanishing point or points, in the far distance.

Of course people don't see things like that, although a camera does. Most of the processes of human sight take place in the brain, where continuous series of image fragments are patched together using knowledge (the road continues behind the hill), and assumptions (the person behind the desk probably has legs). We become so accustomed to making this kind of assumption that we interpret them as reality.

The most straightforward perspective view in a painting has the subject placed centrally, directly in front of the viewer, so that lines go straight across or up and down. It becomes more difficult to ensure that the water level of a curved bay appears flat or to depict steps or a building seen cornerwise. There are good guidelines that can be learned and practised through observational drawing, and then more drawing. In order to understand and express reality, an artist needs to consider the whole picture while seeing only fragments, work from observed information and make careful use of perspective.

Helen Budd

PP

New business for old

The old Ministry of Works building in Paparoa is buzzing once more, with the sound of heavy engineering. Local resident Garry Frazer has relocated his highly successful fabrication business from South Auckland to Depot Road here in Paparoa.

For the last six years, and for five days a week, Garry has made the long haul to his works in Otahuhu, but now his daily commute is measured in minutes.

Garry and wife Josie, who also works in the business, have owned a house in Paparoa for the past 12 years or more, and just six years ago they decided they had had enough of the city life, and moved up, lock stock and barrel, except for Garry's business.

Born and raised in Ngatea, near Thames, Garry says he would have moved the business earlier if he had realised the Depot Road location was available.

"I grew up in the country, and I had to come back to the country" says Garry. "A friend first introduced me to the area

some 16 years ago, and I have loved it ever since".

A keen hunter and fisherman, Garry has supported the annual Paparoa Possum Purge since its inception, and

this year entered not one, but three teams.

The lifestyle really suits the couple who have three children between them: daughter Devon, who lives in Auckland, son David who works for local contractors, Battensby Brothers, and six year old Willow, a keen student at Paparoa Primary.

Frazer Fabrication Services officially opened for business in Depot Road at the start of April and the future looks bright. If it's metal, Garry is interested

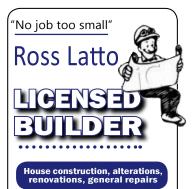


- truck bodies, trays, trailers, diggers and heavy machinery. "Most of my Auckland clients have followed me up here, and local folk are beginning to realise we have arrived" says Garry. A local lad has already joined the company and the future includes taking on a couple of apprentices, "so I can pass on my knowledge".

And Garry has no plans to move on again. "I am happy here in Paparoa, I enjoy the people here, I enjoy my job, and I enjoy building stuff".

What more could a man want?





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What's on at your Museum

SCHOOL HOLIDAY ATTRACTIONS

Magic Lantern Screenings 28 Sept to 2 Oct 10am, 11:30am, 1pm

DIY Trolley Derby Workshop Weds 30 Sept & 7 Oct 10am - 3pm

OTAMATEA QUILTERS EXHIBITION

23 October - 20 November

FREE ENTRY to the museum for residents of the old Otamatea District

5 Church Road, Matakohe, Northland. p: 09 431 7417 w: www.kaurimuseum.com

Museum holiday attractions

MAGIC LANTERN SCREENINGS are being held daily in the first week of the holidays (Sept 28 to Oct 2) at 10am, 11:30am and 1pm. Entry to shows is a gold coin donation. Find out what pre-dated photography and the films of today. To 19th century audiences, a magic lantern show was as entertaining as movies are to today's

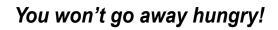
audiences. Come and see The Kauri Museum's Magic Lantern in action and also see the display of early cameras and magic lantern slides.

DIY TROLLEY DERBY

Workshop, 7 Oct, 10am-3pm, \$5. Join the museum's engineering experts and create a masterpiece.



Children will follow a construction plan from start to finish to help build a standard trolley cart, taking home inspiration and ideas for creating more of their own trolley derby entries.



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Franklin Masonic Lodge

Many old buildings in Paparoa's Franklin Road have stood the test of time, among them the one currently occupied by Te Pukearanga Kohanga Reo. For many years it belonged to the Franklin Freemason Lodge which has an interesting history.

This Lodge was formed in Franklin County at Pukekohe, and the Charter was signed by Prince Edward in 1885. In 1904 it was transferred to Auckland and in 1905 to the very new Mason Lodge No. 2138 E.C. at Paparoa. It was known as the Franklin Lodge from that time and the road was named accordingly.

Prior to 1904 several men in the Paparoa area joined the Prince Edward Lodge at Helensville as it was easier to travel by boat than go overland to another The members went on horseback or by small boat to Pahi or Batley to board the steamer to Helensville, returning the same way. This time consuming journey took three to four days and was at the whim of the tides and the weather. Some members passed the time on board playing cards and imbibing

their favourite drink, often

becoming rather unruly towards the end of the trip!

Robert Sterling and brother-in-law Russell his Smith, Charles Jenkins and David McCarroll decided that it would be far more convenient to have a Lodge at Paparoa and so began negotiations to obtain the Charter from Franklin. The first candidates (Messrs. F. Gill, T. McCarrolland Fred Chadwick) were initiated into the Lodge in January 1906, and so began many years of camaradarie dedicated work supportiing needy families. During 1906, the Lodge built their own meeting hall, having not succeeded in negotiations to buy Cliff's Hall. A portion of land was purchased from Mr. W. Davis for 50 pounds and a contract let to Mr. J. Deverill for 200

Franklin Road, as it was in 1908. The high pitched roof of the Lodge is the back roof on the extreme right.



pounds to build the premises.

The first meeting in the new building was held in November 1906, and it was consecrated in 1907. Subsequent meetings were well attended and the Lodge continued well into the 1960s. However, with falling membership, it closed in 1993 and the Charter was transferred to Hikurangi. Errol Morris, previously long-time farmer in Ararua, belongs to that Lodge to this day.

Te Pukearenga Te Kohanga Reo bought the property in Franklin Road and began providing preschool sessions for Te Reo Maori during the 1990's. The building is thus nearly 110 years old and still going strong!

Based an extract from a history of Robert Sterling, Paparoa, compiled by Margaret Sterling.



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Franklin Lodge founding members, 1907, in front of new building on Franklin Road. Note Dave McCarroll, back row, right; Robert Sterling Snr, middle row second from right; Russell Smith, middle row fifth from right; C.H. Jenkins, front row second from right.

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Paparoa Primary a busy term 3

Recently we had a visit from Myron Simpson, New Zealand cycling champion, for our Duffy Role Model Assembly. Everyone enjoyed learning about his biking exploits and they loved their new books.

Awatea Tilby represented us at the Northland Cross Country Event and came 4th in the eight-year-old boys section.

We are all working hard to prepare for Pet and Show Day next term. Our artwork is up on the walls and children are caring for their lambs, calfs and

Room 3 are looking forward to a science visit to The Kauri Museum to learn about light. We've had visits from Sport Northland to improve



our fitness and team skills, including support from a great netball coach. We skipped to raise money for The Heart Foundation, and sold cupcakes to support the SPCA. Important dates for next term:

Pet and Show Day

Wednesday 14 October

Grandparents Day

Tuesday 27 October

Athletics Day

Friday 13 November

Prizegiving/last day of term

Friday 11 December

Alison Cadman-Smith

Hospice truck

The Hospice truck stops at Paparoa on Thurs 8 Oct 10-11am. Bring any surplus goods you wish to donate. If you have large items, they will pick them up from your place. Phone to arrange.



Hospice Kaipara Inc purchased the truck four months ago to deliver equipment and Hospice Shop pick-ups and deliveries We are looking for businesses to advertise on the side of the truck to help towards the running costs of the truck. If anyone is interested in advertising please phone Hospice . Kaipara's Pamela Barton, Fundraiser/Administrator on 09 439 3330.



Our truck will be in your area to pick up goods you would like to donate.

8 October 2015

10~11am

at Paparoa Village Green

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Pets in the Valley 19

... Mule transport

Recently while wandering some back roads in China I came across some mules being used to transport rock.

It was quite fascinating to watch them patiently stand while being loaded with heavy looking rocks onto their pack saddles before heading up a steep path which was too small for a car. Some of the rocks took

two men to lift and the mules carried several rocks at once.

The saddle packs were interesting; they had a 'leg' which folded down to the ground taking weight on

one side while it was being loaded. I assume this stopped the pack saddle from shifting to one side during the loading process.

mules looked good condition but as my mandarin is limited to 'hello', 'too expensive' and 'New Zealandⁱ, I couldn't annoy the mules' drivers with any questions, but they seemed happy to have photos taken.

Mules are the result of a male donkey mated with a female horse. They have hybrid vigour- which means they have superior attributes from both parents. They are strong with great stamina and are hardier than horses.



Their ears are longer than horse's but smaller than donkey's, and their tails are like thin horse tails. They are usually sterile.

There have been 60 recorded cases of mare mules having foals since 1527 and no cases of a male mule siring a foal.

My only veterinary experience with mules is that I gelded one once - even though they are infertile the males are still gelded to improve their behaviour.

Enjoy the spring flowers.

Janine

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Community Connexions

There was a great turnout at the *Garden Furniture Workshop*. The fence battens came from Shanks' old fence lines as new fences are going in and so the battens had become obsolete.

Options were a chair, a side table, or a planter-box, and most attendees settled for the garden chair.

A good time was had by all with lots of laughter all round. Many learned new skills and were very proud of their creations, although there were a couple that you'd need to be pretty game to sit on. Garden art they will be.

Thanks to our tutor Lea.





The next workshop (check notice boards) will be *Deva's Garden Sculpture*, 10-11 October 2015 which will also be fun. See how to turn an old bit of furniture into garden art – using an old lounge suite, milk bottles, mosaic tiles, shells – and whatever else! Limited places are available for that weekend and so we'll plan for another next year.

The food banks always need extra produce, so any oranges,





mandarins, lemons, etc. are greatly appreciated.

It's time to start looking at our next *Giant Pumpkin Competition*. Anne has seeds aplenty. All enquiries to Anne 431 6229 or Sue 431 7116.

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Motoring Matters

Sitting in a cafe the other day, I became aware of a new Ford Ranger parked outside. It was a huge vehicle with a really aggressive look about it from bull-bar to very large wheels and the angular roll-over bar, it looked as if it was ready to take on anyone and anything at a moment's notice.

I began to think of other utes on the market and decided several models have the same kind of look about them. They are all very big with very powerful engines. Not so long ago 1600cc to 2000cc seemed to suffice, but now 4 litre petrol and over 3 litre diesel turbos are needed. My grandson has one of these monsters and with 200 horsepower it goes like a rocket, has every mod con and drives like a very quick car.

I wonder why the need for so much power and aggressive appearance? Is it a fashion led by the manufacturers or purely on demand? I would suspect the former.

Graham Roberts

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Bee aware

September was *Bee Aware Month* aimed to raise our awareness of Kiwi bees needing plenty of food to keep them buzzing. Why?

We need bees more than you might think. Bees pollinate one third of the food we eat so we are dependent on them. It's a two-way street though, bees need us to plant food to keep them buzzing and they in turn pollinate flowers which produce the food we eat. In this way our agricultural exports also depend on bees.

Bee numbers worldwide are in decline and we need to do all we can to save them. Some of the main factors causing this are nutritional stress (a lack of food compromises the bees' resistance to pests and diseases), pesticides and sprays. An excellent goal for us all with gardens and farms would be to always *Bee Aware!*

What can we do to help?

Firstly, plant bee-friendly plants in our gardens, on our farms, and even along our roadsides. Bees like fruit trees, old fashioned or heirloom flowers, and herbs such as



borage, bergamot, thyme, lavender and rosemary, and they love bottlebrush, lacebark, pohutukawa camellia. Blue, purple, white and yellow flowers particular favourites.

Secondly, sprays and neonicotinoid coated seeds may be harming our bees. Insecticides are designed to kill insects and therefore bees as well. Sprays containing acetamprid, imidacloprid, thiacloprid, or thiamethoxam can be harmful. If you do spray, do so carefully - later in the day and not onto bees which are on flowering plants.

Many other simple ways we can help bees to survive can be found at the website www.nba. org.nz. (National Beekeepers Association NZ).

After all, to no longer have honey so readily available would be a crying shame. P

White Rock Gallery

REFRESH: Spring has sprung and the gallery has had a full 'refresh' on 1st October, so do call in to see the new work.

FUNDRAISING:

- Large Orchid Plants for sale \$5 each ph Stu 946 9990
 Cake & Bake Sat 10 Oct @ Farmer's Market
 Summer Fair Sat 5 December @ White Rock, stalls \$20, buskers \$3, ph Dennise 431 7012 to book

- WORKSHOPS: Our Creative Communities NZ grant covers ...
 Art Workshop 'Tools of the Trade' tutor Elena Nicolaeva, 26 Oct 10-3pm, \$15 @ Ruawai Art Studio (max 10 people)
 Craft Workshop 'Bag or Wall Hanging NZ fabrics' tutor Betty Cairns, 4th Nov 9-4pm, \$15 @ Paparoa Hall (max 6 people). ph Janice 946 9990 to book for workshops.

MEMBERSHIP: We welcome new members and 'friends', so if you'd like to be involved ph Jan or Stu 946 9990.

And you can check out our artists and crafters and their work at whiterockgallery.co.nz

October ... much planting

October is the month when everything in the garden speeds up and grows, especially weeds - and snails and slugs.

This is the month to get those heat loving plants into the ground-tomatoes, capsicums, egg plant, beans, courgettes, pumpkin, melons and corn. But if the weather stays cold, then hold off until the end of the month - Labour weekend!

If you're buying tomato plants and they're tall and leggy, then plant them deeper (if your soil is not too wet) so the stem is in the ground. The stem will quickly form roots on the sides and your plant will be much more robust. Put in stakes as you plant so the roots don't get disturbed later. Use a good liquid fertiliser as you transplant to give them a good starter boost.

Comfrey Tea is a good easy homemade liquid fertiliser. Just soak comfrey leaves in a large bucket or barrel of water. When they rot down the liquid will be high in potassium which is good for fruit and flowers and encourages the roots.

I sometimes just use very dilute rotted down cow or horse manure that's been kept in a bucket. Of course worm wee, diluted down, is excellent as well.

Don't forget to put out the slug bait as there are huge numbers of snails and slugs around at the moment.

Have a look at the Paparoa Show Indoor Schedule- which is now on line - to plan your planting. Encourage the children to enter for the under 16 years- Trevor Briljevich Vegetable Collection Cup. Enjoy your garden - Stella





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DAIRY DIARY

... the farming scene

There are now 215 cows walking through our little 12-a-side shed every morning to be milked and so I am there harvesting

milk from 5 til 9am. A long stretch and certainly with ample thinking space.

The girls are almost all calved with only five late ones to come so calving was fairly rapid this year. We have had three deaths to date, two metabolic related (milk fever) and one serious calving complication.

We are raising 60 replacement calves this year which will calve as two year olds. These calves are being fed 4-6 litres of milk per day, plus hay and meal and they will be weighed and drenched every 6 weeks to keep them on track to meet target weights.

Last year's calves are looking good and averaged 295kg at last weigh. They will go to the bull on the 5th October and will calve early July next year.

With such a dry winter we have been able to feed silage on the ground right through and thus have built a good feed wedge ahead of us for the lean time leading up to balance date. When that will be in Northland is anyone's guess, but with all this warm rain and a good couple of rounds of fert, we are feeling comfortable moving forward.

The cows look good and should continue to cycle well moving up to mating.

Hopefully this predicted dry doesn't eventuate and we have a productive season to offset the low payout.

Sam Hartles

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Pahi **Community Hall** Society Inc.

ANNUAL GENERAL MEETING 2015

Sunday 1st November 11.00am at the Pahi Hall

All welcome

Defibrillator demo

Recently, a good number of interested people from the community, including Lions Club members, had their queries answered on how to deal with a sudden heart attack patient using an Automatic Electronic Defribrillator (AED). Obviously this can happen anywhere and at any time.

The session was run by Steve, St John EMT, Amanda, St John EMT/Paparoa Fire Force

member, and Yvonne from Paparoa Fire Force.

Once attached to the patient, the defibrillator machine is programmed to guide the user through the process. simply and effectively.

What to do. both before and during operation of the machine,

is also important. A basic First Aid course run by St John or Red Cross would be ideal for everyone in our community.

It is vital if a person is not breathing or has no pulse, that help is called for by dialling 111 as soon as possible.

Applying

(cardiopulmonary resuscitation) until defibrillator arrives is also vital.

A defibrillator is available during business hours at GAS Paparoa (on the wall at left of the counter), and after hours by alerting Nicky or John in their adjoining home. Once а 111 call has been

made, our local Fire Force & St John Ambulance will quickly be on their way with their defibrillator and support.

Yvonne Yorke



Steve Barr (Kaiwaka St John) with Amanda Brown (Fire Force and Bream Bay St John)

HOMEKILLS



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NEW LOCATION

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Paparoa JMB rugby

We would like to thank all of the individuals, families and businesses that have supported our little club throughout the 2015 season.

Congratulations to all our players. We held our prizegiving on 26th August. As usual the coaches had a tough job selecting trophy recipients as all children made progress throughout the season.

The trophies were awarded to:

Under 7's

Player of the Year: Ash Campbell Most Improved: Alex Ball Coaches Choice: Stevie-Raye Ball

Paparoa Destroyers

Player of the Year: Baylin Connett Most Improved: Coryn Yorke, Coaches Choice: Shayden Peele

Under 11's

Player of the Year: Hunter Connett Most Improved: Riley SouthernVasey

Coaches Choice: Sam Parker

We ended our season with a club outing to MY Bounce; thoroughly enjoyed by all. Have a safe, fun summer and we look forward to seeing your tamariki at our muster in 2016.

Claire Southern-Vasey, Club President



Letters from the Old Post Office

Lambie

August has been slinking about like a tired and wet dog. There has been little joy in the month and even less in the shed. Death knells for golf clubs and colonial sidekicks leaping about in Nuie have rendered a less than pleasant mood. Rain in the air and rain in the soul.



Drastic measures have been needed. The dog (even the cat), and I have racked our brains. Of course, this didn't take the dog long. However, the cat and I came up with a diversionary tactic-Lambie! What could be better than an orphan ram lamb leaping about the house? What else could bring a smile to the lips and a warmth to the heart? (Please do not answer that).

No sooner thought, than done. Lambie spent the first night in a slightly too small cardboard box next to the fire. He arose at 3am, 4am, 5am and 6am. The dog was exhausted. Needless to say it certainly enlivened the domestic dialogue, one could even say it proved exciting. As dawn was broken again the morning's sun could watch the warming of milk and hear the greedy slurping of milk, the belching of air and the sound of widdling on the wooden deck. Domestic bliss reigned. The dog was slightly reconciled when she realised that lambs dribble milk, and it is quite tasty.

Night two, Lambie slept quite well and we silently congratulated ourselves. Although it did bring back uneasy memories of childrearing. Nevertheless, our plot had born fruit and the-man-in-the-shed was far too busy feeding Lambie, tripping over Lambie, getting Lambie out of the dog basket and off the couch, and watching Lambie following the dog through the one gap in the fence, to remain gloomy for long. Irritated, yes. Gloomy, no. Lambie has served his purpose. (No pun intended as he is alive and well and will not grace anyone's plate, ramming as he is in Pirongia).

Deb C

Medics history

Medics in the Otamatea is the story of how our medical services were founded lower North-



land (Warkworth-Ruawai). It was originally researched by the late Mrs Phyllis Stubbs in the early 1990s and completed by Mrs Marsha Marshall.

Many hours of research have resulted in this interesting historical publication, including photographs, and it is dedicated to the late Ron Skelton and Murray Hames (past Presidents of Paparoa Medical Society), who through the decades ensured the aims of the Society were fullfilled.

'Medics in the Otamatea' may be purchased at Skeltons Drapery or from Joy Bonham, 431 7490 Paparoa Medical Society.

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Katrina wins with essay

Congratulations to Otamatea High School Year 9 student Katrina Povner who entered the nationwide Margaret Mahy Starlight Essay and Poetry competition. From 345 entries, Katrina's was one of the top ten. Her prize includes an all-expenses-paid trip to Twizel, South Canterbury, courtesy of Genesis Energy, a kitset Galileoscope, and trip to the University observatory at Mt John in October as part of the Aoraki Mackenzie Starlight Festival.

We publish Katrina's (slightly abridged) essay 'The Twins' below.





The Twins

Who would want to be an astronomer? All they do is stare up at the sky, looking at stars. What do they see up there?

I'm sitting on the roof of our hayshed with my brother Ben. He is looking up at the stars like they're the most interesting thing he's ever seen. I'm freezing out here, even though I'm wearing the jumper Gran knitted for me before she moved to the city. Ben doesn't seem to even notice the cold, and he's only wearing a summer T-shirt and shorts. I don't understand -

found them?" Ben exclaimed loudly, breaking my train of thought. "Who have you found? Where?" I asked, looking up in the direction he was pointing.

"Gemini", answered vaguely, still staring up at the sky. "The Twins". We live on a farm in the middle of nowhere. Who could he have seen?

"I don't know anyone who has a twin! Who are they?" Ben rolled his eyes. "They're a constellation", he said, like it was the most obvious thing ever, "and, as for who they are, that depends where you're from, and what you believe in. The Romans say they are the brothers Romulus and Remus, two heroes who founded

Rome. The ancient Greeks say they are the twins Castor and Pollux, the sons of Leda and Zeus". I thought about what "Who do we he had said. believe in? We're not from Rome, and we're definitely not ancient Greeks! We're New Zealanders, so who do we think they are?" Ben looked at me curiously. "I ... don't know" he said, sounding confused. "I've never thought about it

like that before". I smiled. Finally, something he doesn't know!

We sat there together. remembering when Gran still lived here. She let us try new

things, and she encouraged us to learn about anything and "What do you everything. want your job to be?" Ben

asked, breaking the silence. "I don't know". I haven't thought about that before. I've always assumed that I would work here on the farm, like Mum and Dad want us to. I could go to the city, to be with Gran, but I would miss everything here, even just being here with Ben and learning about the stars.

"They're lucky", I said. "Who's lucky" Ben asked. "Gemini. They've been up there together for thousands of years. They don't have to decide who they want to be, or what they want to do." I sighed. "Can you show me where Gemini is?" Ben pointed up to our left. "Do you see those two brighter stars over there? They are Castor and Pollux, the heads of the Twins. Their bodies look like two stick figures holding each other's hands.

Do you see them?" I smiled, "yes".

Mrs Mac goes to dinner

Mac who?? And would you like hot pungent piquancy (mustard sauce) with your portion (chocolate brownie)? Can you eat your peas and corn (relieves callus) with a toothpick (molars choice)?

If you were one of the lucky ones to attend the Paparoa Sports Pavilion's Cryptic Dinner you too could have had some surprises as each course was brought out. The team of cooks and caterers did extremely well sorting through what the guests had chosen.

Half an hour was nowhere near long enough for us to decipher all the brilliant clues put together by a devious mind, but long enough to get a few of the clues right. Cleverly, jumbled beard turning over and going head to head with her, was an order for bread roll and butter, which if you got it right, went with some converted carriage in difficulty! With six guests per table there was lots of discussion as to the meaning of each clue, and much hilarity as the courses came out and we realised what we had actually asked for!

Congratulations to all who worked so hard to put together a great evening that was thoroughly enjoyed by all, although I must admit meatloaf with tomato sauce on the same plate as self saucing chocolate pud with whipped cream is not something I would normally order!

Elaine McNamara



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Fe Fi Foe Fum - How Does Your Garden Grow

It doesn't take much space to grow something delicious, natures fast food. Ask an adult if you can have a spot in the garden, or make a new spot for your summer goodies to grow.



Now the weather is getting warmer, put those bean seedlings from last month to good use - by building a house for them to climb up. You can pretend you are Jack or Jill planting the beanstalk. Get an older person to clear a circle in the garden ready for your plants. Using bamboo sticks, harakeke (flax) flower staffs or even old manuka branches create a teepee shape, tied at the top with string, and big enough for you to fit inside. Around the outside of the teepee, plant your little beans at every pole, and some in between, apart from the doorway. In a few short weeks the beans will weave their way up, and by the summer you will have a cozy hiding spot, complete with bean

Some other great things to grow in the garden right now are:

Sunflowers - Plant just one or two, since they take a lot of room. Be sure to grow edible sunflowers, so

vou can roast the seeds for snacks later in the Autumn.

Lettuce - fast, easy and great to pop a leaf into a homemade hamburger.

Radishes - super fast growing for younger gardeners.

Strawberries - mmmm, fresh and yummy. Buy a plant from a local supplier, or ask an older neighbour if they have a tasty variety they wouldnt mind sharing with you.

Cherry Tomatoes - plant seeds in the garden or a pot, and then put a stake alongside as they like to be tied up as they get taller. And remember, water the ground, not the leaves!



Wool Trail

The Wool Trail exhibition at The Kauri Museum is an excellent display showing the significance of wool in our lives ever since pioneer days and still in fashion today.

Being versatile and durable as it is, this natural fibre has been put to standard use in clothing for bushmen, sawmillers, blacksmiths and fishermen due to its fire and water resistance and its warmth for undergarments. Yes, those long black 'bush wool' singlets and 'long johns' are still worn today.

Displayed are fine knitted garments, baby handwoven blankets, wool tapestry and embroidery, wool floor rugs, high fashion 1900s garments, hand spun and home dyed women's wear and the iconic NZ Swandri topped off with the weaving master piece Kaipara Wairua; Spirit of the Kaipara by Grace Rushton.

Joy Bonham

Rotary speech competition



Otamatea High School student, one of four finalists selected to compete at the Rotary Clubs South Zone speech competition finals held recently in Maungaturoto. This prestigious annual event is a great challenge for senior students throughout Northland.

Rita's speech was titled *The* benefits of education outside the classroom and was very well received. Having commenced her public speaking as a contestant

in the Paparoa Lions Speech competition, it is good to see her continued successes.

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5 Questions for ... Alison Cadman-Smith

How long have you been at Paparoa School? It will be 6 years this New Year's Eve.

Where did you come from? London. It was a huae culture shock but I love it here. A much better work life balance and it is so great to be surrounded by the sea, sun, sky and greenery.

Why did you choose to come to Paparoa? They offered me a job! It turned out to be one of the best things I've ever done. It is huge contrast to my last position but I can't imagine wanting to be anywhere else. It is a great community to work in and I am constantly amazed by the support everyone gives. I've never met such generosity.

What were you doing before you came to Paparoa? Teaching five year olds in South East London in a lovely, lively school of 300 children.

What are you doing now? I'm looking forward to the challenges of being Paparoa Primary School's next Principal. I am very fortunate to be working with a dedicated staff, children eager to learn, and the support of our wonderful whanau.



OUT & ABOUT

Our condolences to the Evans family on the recent death of George Evans. The Evans Family are longstanding farm owners in Paparoa-Oakleigh Road.

The Gypsy Fair didn't happen as, due to the sodden state of the showgrounds, it was too wet to set up their vans.

Farewell to Ian Lake, retiring from his position at the Kauri Museum. He is moving to Waipu and going campervan walkabout with partner Teri.

Chris Boyle (Pahi) had his outboard stolen from the back of his boat. A reminder to keep your outboard locked onto the boat or safely out of sight and take nothing for granted.

The Christies (Elaine & Gary) have sold their Petley Road property and are moving southwards, but keeping their involvement with the Paparoa A&P show.

The St John Trash & Treasure sale is the week of 5-9 Oct, Mon-Fri, 9am-5pm at Maungaturoto Centennial Hall. Please support this very worthwhile cause, lots of treasure guaranteed. Donations of items for sale are welcomed. Enquiries to Eileen 021 142 0357.

Otamatea High School and the Maungaturoto District High School reunion is to be held 15-17 April next year. Register now at OHS 431 8230 or email ohs@otamatea.school.nz

Marohemo Quiz Night Sat 10 Oct 7pm. Get a team together (max 6 people) \$15 per team to contest the Cream Can Trophy. BYO and nibbles supplied. Call Bryce 4318 565 for info.

Kaipara Libraries get apptheir titude with new BorrowBox app. Over 1000 titles are available to all library members in e-books and audio books to download onto most devices. Come in to the library and be shown how to get started; or go to the KDC library website and sign up for This means Kaipara's free library users can read more libary books from wherever they may be in NZ or indeed the world!

OHS Rotary science courses

Three students from Otamatea High School recently represented our community at Rotary Science courses in Auckland and Whangarei. Natalie Birt, Kate Cawkwell Troost and Hanna Mills (pictured) attended a Maungaturoto and Districts Rotary Meeting, and gave a report, thanking

the club for their support and the chance to attend.

They all spoke with enthusiasm having enjoyed their experience.





OFFICE RELOCATION

Our Head Office has now moved to 2088 Paparoa Valley Road, PO Box 108 Paparoa Ph/Fax 09 431 6331 or 09 431 8339

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WHAT'S ON - OCTOBER 2015

SPECIAL EVENTS & MEETINGS

St John Trash and Treasure Maungaturoto Community Hall 5-9 Oct Mon-Fri 9-5
Arty Farties Inc Community Connexions: Devas Garden Sculpture workshop
Sat/Sun 10/11 Oct at Arty Farties 10-2pm ph Anne 431 6229, Sue 431 6117

Paparoa School Pet & Show day - Wed 14 Oct Grandparents day Tues 27 Oct The Kauri Museum Holiday programme Magic lantern screenings and trolley derby workshops see page 5 for details

Quilters exhibition 23 Oct - 20 November, Kauri Museum

Rock n Roll dancing every 2 weeks from 4 Oct. \$2 pp, 2pm Paparoa Hall Pahi Hall AGM Sun 1 Nov, 11am, Pahi Hall. All welcome.

REGULAR EVENTS, MEETINGS AND ORGANISATIONS

Anglican Church St Marks 1st, 2nd & 4th Sundays 10am, Hook Road, Paparoa Ararua Church 10.30am every Sunday, All welcome ph 431 6622 Art Group Paparoa 1st Sun in month, Helen Budd's Studio, ph 431 6192 Art Studio, Ruawai Mon 10-12noon; Tue 7-9pm, ph Frances 439 2554 Arty Farties Summer Markets 9am-noon, opposite Village Green; Thur/Fri in the Tile Shed' ph Anne 431 6229; Crafty Kids Club alt Saturdays 10-2pm, Rm 5 Paparoa Primary School; Beginners Patchwork Group, Mon 7pm, Te Pahi River Dr. Badminton Thursday kids 5.30pm; older/experienced 7pm, Paparoa Hall Crafternoons 1st & 3rd Wed in month, 10.30-4pm, Tinopai Hall ph Lyn 431 6090 Exercise to Music Tue 10.30am Paparoa Hall \$5 ph Rose 431 7418 Farmers' Market Sat 9-noon, Village Green; Sep 5, 19; every Sat Oct-Nov-Dec Fire Force 1st & 3rd Monday in month 6.30pm Depot Rd ph Cohan 431 6668 Gardening Club 2nd Wed of month, ph Lyn 4316090 Grev Power Last Wed in month,1pm, Anglican Church Hall, Mgto The Kauri Museum 'The Man from Matakohe' exhibition ongoing daily Library Mon 1.30-4.30pm, Wed 10am-12noon, Thu1.30-4.30pm, Fri 9.30am-1pm.

Open Market days - alternate Saturdays 9.30-1pm Line Dancing Thurs 10am-noon Paparoa Hall ph Rose 431 7418 Mainly Music Wed 9.30am Paparoa Comm Church, ph Rebecca 431 7550 Matakohe Music Makers 2nd Weds month 7pm BYO Sports Pav'n \$2pp 4316772 Otamatea Quilters 1st and 3rd Mon month 10am, Paparoa Hall 09 439 2262 Outdoor Bowls Maungaturoto Green ph Tony 431 6026 or Brian 431 6884 Paparoa Community Church 10.30am every Sunday, Hook Road Paparoa Hall Functions venue ph Robyn 431 7306 or a/h Loraine 431 7290 Paparoa Lions Dinner Meetings 3rd Mon in month 6.30pm, Sports Pavilion Paparoa Playcentre Tues & Fri 9.30-12.30 Visitors welcome ph Tina 021 033 5128 Paparoa Plunket Society Coffee Group 1st Tue/month, 10am Franklin Rd Paparoa Primary School Term 3 finishes Sep 18, Term 4 commences 25 Oct Paparoa Toy Library Wed 10.30-1pm, Paparoa Comm Church, Hilery 431 7330 Sacred Soul Circle 2nd Sundays, 10am-12 Marohemo hall ph Helen 021 938 024 Selwyn Centre Thurs 10am for over 65's, St Marks, Hook Rd, ph 431 8193 Sports Pavilion Functions venue, ph Vickie Owens 431 6432 for bookings St Mary's Catholic Church 10am Wed, 6pm Sat, Maungaturoto Table Tennis Tues 7.30pm, Sports Pavilion \$2 Pete 431 6822 **Tennis** season started, see page 2 for details contact Sue Skelton 431 6224 **Ukelele Players** Beginners / experts, Thur 4pm Matakohe, ph Dennise 431 7012 Waka Ama Tues & Thur evenings 5pm, Sunday 10am, Pahi Domain White Rock Gallery Open 7 days 10am-4pm, in Library building Yoga - Chair Yoga Paparoa Sports Pavilion Mon & Thur 9.30-10.30am \$7 Yoga - Anamana Studio \$10/session ph Jenny 09 280 9694, 021 114 3370 PLEASE UPDATE US WITH YOUR DETAILS: press@paparoa.org.nz

HOOK, LINE & SINKER

There is not much to report this month, due to the boat being out of the water for maintenance.

A few snapper were caught last weekend, and a few kahawai, but no gurnard. But then, a nice six pound snapper was caught off Dems Road in the dingy along with three kahawai! So there are still a few fish out there so long as you are able to get out and look for them.

Otamatea Community Services Inc.

Annual General Meeting



Wednesday 21st Oct 1 pm 155 Hurndall St, Maungaturoto ALL WELCOME

Paparoa Press classified advertising

Bee Swarms

If you see any bee swarms, phone Mike 431 6008 or 021 134 3747

LOCAL TIDES for October 2015

OCTOBER TIDES - CALCULATED for PAHI-WHAKAPIRAU						
DATE	LOW	HIGH		DATE	LOW	HIGH
1st	7.51am	2.18pm		17th	8.10am	2.33pm
2nd	8.37pm	3.05pm		18th	8.48am	3.12pm
3rd	9.24am	3.53pm		19th	9.31am	3.56pm
4th	10.13am	4.44pm		20th	10.20am	4.49pm
5th	11.08am	5.44pm		21st	11.19am	5.52pm
6th	12.11pm	6.54pm		22nd	12.26pm	7.03pm
7th	1.24pm	8.05pm		23rd	1.38pm	8.14pm
8th	2.33pm	8.39am		24th	2.46pm	8.49am
9th	3.30pm	9.36am	Ε	25th	3.47pm	9.51am
10th	4.16pm	10.24am		26th	4.41pm	10.46am
11th	4.56pm	11.05am		27th	5.32pm	11.37am
12th	5.33pm	11.43am		28th	6.21pm	12.26pm
13th	6.07pm	12.17pm	Z.	29th	7.08pm	1.13pm
14th	6.41pm	12.50pm		30th	7.54pm	1.58pm
15th	7.16pm	1.23pm		31st	8.40pm	2.44pm
16th	7.51pm	1.57pm			-	

Community Directory

EMERGENCY: FIRE ■ POLICE ■ AMBULANCE dial 111

COAST TO COAST HEALTH CARE

PAPAROA PLUNKET Cynthia Keay	09 431 8187			
PLUNKET Helpline	0800 933 922			
PAPAROA PRIMARY SCHOOL	09 431 7379			
PARENT PORT Inc. free help for families Linda	09 425 9357			
PHYSIOTHERAPY Lyndsay Bargh Mon/Wed/Fri from 8am431 8576				
PODIATRIST / FOOTCARE Jayne Short 020 4022 6599	98 / 09 431 7188			
PUKE ARANGA TE KOHANGA REO	09 431 7089			
YOUTH & WHANAU FOCUS South Kaipara, Rose	09 431 7418			



Rockers rock again

Rock'n'Roll dancing instructors are keen to have more young and young-at-heart people join them – Sundays, fortnightly, in the Paparoa Hall. At 2pm, the best of the 50's and 60's dance music begins ...

This is a brilliant opportunity for past dancers to swing again and for real beginners to learn the fun of dancing to the beat! The friendly instructors all loved to dance as part of the 'Kaipara Rockers' highly successful club (which sadly came to an end early this century) and each won many National and International top placings in annual competitions around New Zealand.

For healthy, happy, family time, this is one of the best – contact Missy Tilby, 431 6679 if you would like more information. The next class will be Sunday 4 October – why not come along and make the most of what these young people are offering?

The instructors waiting for more budding dancers: from left, Rukuwai Waata, Arapeta Waata, Puhi Waata and Ana Stock

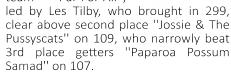


Possum purge sets new records

An amazing fundraising result for Paparoa Primary after several days of hunting followed by a family gala day, the Possum Purge broke all previous records. All together 1,148 furry menaces



were dispatched, with a solid effort coming from winning team "Fur-For-All",



\$5000 worth of donated prizes were given away to winning teams on Sunday 20th September, at the Gala Prizegiving in between heavy rain fall, and thanks to all the support especially from local

businesses to create a prize pool worth entering for!

Special thanks pluckers Jeff Allen and Craig Hardisty, who were kept busy for days, and to the Possum Committee Purge Libby Jones and Pete Hames deserving special mention for their ongoing support of Paparoa Primary.















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